



Aboriginal and Torres Strait Islander Peoples Wellbeing

Resources & Services

AccessEAP is committed to the ongoing development and implementation of Culturally Appropriate Safety resources and services to meet the mental health and social and emotional wellbeing requests of Aboriginal and Torres Strait Islander customers, clients and employees.

Resources available:

- Aboriginal and Torres Strait Islander Psychologists, Social Workers and Counsellors, Mediators
- Culturally Sensitive Counsellors Psychologists, Social Workers and Counsellors (with experience and training)



Aboriginal and Torres Strait Islander Peoples Dedicated Support Line

This dedicated Support Line provides a culturally sensitive way for Aboriginal and Torres Strait Islander Peoples to access mental health and wellbeing support. Contact the Aboriginal and Torres Strait Islander Peoples Dedicated Support Line on:

1800 861 085



AccessEAP employees begin their journey to cultural competency by completing Arrilla Cultural Competency Training. We are committed to ensuring the best experience for all our clients.

Services available:

The model of Wellbeing Support is holistic and tailored in consultation between the counsellor and the employee to meet the social, emotional and mental health needs as best as possible via:

- Counselling
- Coaching
- Mentorship
- Manager/Leadership Support
- Mediation
- Facilitated Discussion
- Supervision
- Training



AccessEAP acknowledges the traditional custodians of the land we work on and their continuing connection to land, culture and community. We pay our respects to Elders past, present and future.



CALL
1800 861 085

Email
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