

Management Development Program: Leadership Skills

Leaders set the tone of their organisation. Where they lack emotional intelligence, it could have far-reaching consequences, resulting in lower employee engagement and a higher turnover rate. Leaders also have a significant role to play in developing a growth mindset culture that enables their employees to navigate change in a more successful way.

Overview

The Management Development Program is perfect for managers and leaders who want to deepen their understanding about emotional intelligence and how to support their people during challenging times of change. **Leadership Skills** comprises of three sessions:

Apply Emotional Intelligence at Work (2 hours):

- What is Emotional Intelligence (EI) and why it is important in the workplace
- The EI Framework with a view to understanding your behavioural and emotional responses
- Ways to enhance your Emotional Intelligence

Manage Change: Adopt a Growth Mindset (2 hours)

- About the Growth Mindset model and why it is important during times of change and uncertainty
- The difference between Growth and Fixed Mindsets and how to think differently about change/challenging situations
- How to apply the principles of Growth Mindset to help you and your team perceive change in a more positive way.

Critical Incident Management for Leaders (2 hours)

- What a critical incident is and how it can impact employees
- The MANERS Model for responding to a critical incident.

All sessions include Q&A and activities which allow participants to ask an expert facilitator specific questions regarding the content or receive assistance in solving a particular problem faced at work.

Please note: It is important that the people attending the Program can attend all 3 sessions, i.e. the 3 sessions build on each other with learners growing their skills over time.



Benefits:

- Leaders and employees with high emotional intelligence are more likely to stay calm under pressure, resolve conflict effectively, and respond to co-workers with empathy.
- Research has shown that emotional intelligence is one of the strongest predictors of performance, with around 90% of top performers exhibiting high levels of emotional intelligence.
- Growth mindset leaders sponsor, communicate, lead change and play a critical role in making change successful.

Who is this program for?

Leaders who want to improve their emotional intelligence and improve their teams by creating engaging, supportive work environments where employees feel valued and perform well.

Leaders who are interested in developing their growth mindset as a way to assist their organisations and employees to navigate change.

Leaders who are required to manage events that have the potential to cause trauma to anyone who experienced or witnessed it.

The program is relevant to a wide range of sectors for all professionals who want to develop their leadership skills.

Dates:

Refer to the Registration Calendar.

Location:

Online via Zoom.

Price:

\$960 excl. GST or 5 TFF Hours (cost is for one program, i.e. 3 sessions).

If you would like to organise the program for your employees face to face or for your organisation only, please speak to your main contact at AccessEAP or Newport & Wildman.

Complimentary sessions:

- Management Development Program: Foundational Skills
- Management Development Program: Communication and Conflict Skills
- Management Development Program: Wellbeing Management Skills

To register:

Book directly via the registration link [here](#).

If you have any queries, please reach out to your main contact at AccessEAP or Newport & Wildman.

