



AccessMyEAP App – Social Media Posts

Create a social media post on your organisation's favourite platform. This can be a great way to get the message out to your people as well as demonstrate your commitment to the mental health and wellbeing of your people to your network of suppliers, customers and associates.

Below are some suggested posts.

Please tag us on LinkedIn (@AccessEAP) or link to our [Website](#).

Link for Post - <https://accesseap.com.au/resources/accesseap-blog/new-app-accessmyeap>

1. AccessEAP, xx's Employee Assistance Program, has just launched a new App, AccessMyEAP. Make a booking to speak with a counsellor, track your wellbeing and access a wide range of resources to support your Mental Health and Wellbeing.
2. AccessEAP is xx's Employee Assistance Program and can assist when personal, family or work-related concerns are impacting on your health or quality of life. Access support through their new app, AccessMyEAP.
3. xx is proud to announce an important addition to our Employee Wellbeing Strategy. We know our people are our most important asset and this means our number one priority is ensuring our team feel connected and supported. AccessEAP is xx's Employee Assistance Program and can assist when personal, family or work-related concerns are impacting on your health or quality of life. Access support through their new app, AccessMyEAP.
4. At xx, we believe a healthy mind is equally as important as a healthy body, and we are committed to continuously improving the ways in which we can support the wellbeing of our amazing team. AccessEAP is xx's Employee Assistance Program and can assist when personal, family or work-related concerns are impacting on your health or quality of life. Access support through their new app, AccessMyEAP.

This free service is provided to you by your employer as part of your EAP services. Download via [Google Play](#) and the [App Store](#).

